



**Mahidol University**  
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**CURRENT POSITION** Lecturer Dr.

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**EDUCATION**

<b>Degree</b>	<b>Major</b>	<b>University/Country</b>
Ph.D	Counseling Education and Supervision	Governors State University, USA
Ms.c	Counseling Psychology	Burapha University
Dip in Nursing	Nursing	Chonburi Nursing College
Science		

**WORK EXPERIENCE**

- Nurse, Sabot Hospital
- Out-Patient Manager, Chularat Hospital
- Head Nurse, Global Doctor Medical Center (Bangkok), MedAir Co.Ltd,
- Executive, Pattaya International Hospital
- Technical Staff, HIV/AIDS Regional Coordination Center, JICA
- Educator, ASEAN Institute for Health Development, Mahidol University
- Researcher, ASEAN Institute for Health Development, Mahidol University
- Lecturer, Department of Public Health Administration, Faculty of Public Health, Mahidol University

## RESEARCH INTERESTS OR EXPERTISE

- Health and Mental Health
- Counseling Psychology
- Wellness
- Soft skill development
- Coaching

## PUBLICATIONS/RESEARCH

- **Quansri, O.**, & Tadros, E. (2023). Wellness Coaching Fosters Quality of Life in Rehabilitation Professionals in Thailand. *The Rehabilitation Professional*, 35.
- Aung, T. N. N., Thaikla, K., Wiwatkunupakarn, N., Aramrat, C., Pinyopornpanish, K., Jiraporncharoen, W., **Quansri, O** ... & Angkurawaranon, C. (2023). Development of a tool to estimate sugar and caloric contents in alcoholic beverages for a diabetes self-management program in Thailand. *Heliyon*, 9 (11).
- **Quansri, Orawan** & Tadros, Eman (2022). Advocating for Wellness Coaching to Enhance Quality of Life in Rehabilitation Professionals. *Rehabilitation Professional*. 2022, Vol. 30 Issue 2, p21-36. 16p
- Elisha Ngetich, Chanapat Pateekhum, Ahmar Hashmi, Iliatha Papachristou Nadal, Kanokporn Pinyopornpanish, Mike English, **Orawan Quansri**. (2022). Illness perceptions, self-care practices, and glycemic control among type 2 diabetes patients in Chiang Mai, Thailand, *Arch Public Health*, 7;80(1):134
- Papachristou Nadal I, .. **Orawan Quansri**, et al. Process evaluation protocol of a cluster randomised trial for a scalable solution for delivery of Diabetes Self-Management Education in Thailand (DSME-T) *BMJ Open* 2021;11:e056141. doi: 10.1136/bmjopen-2021-056141
- Nadal, I. P., Aramrat, C., Jiraporncharoen, W., Pinyopornpanish, K., Wiwatkunupakarn, N., **Quansri, O.**, ... & Angkurawaranon, C. (2021). Process evaluation protocol of a cluster randomised trial for a scalable solution for delivery of Diabetes Self-Management Education in Thailand (DSME-T). *BMJ open*, 11(12), e056141.
- THEPTHIEN, B. O., CHUCHAROEN, P., Seo Ah, H. O. N. G., **QUANSRI, O.**, OFUCHI, T., & TINN, C. S. (2021). A Century of Cannabis Control in Thailand: A Brief Overview of History, Context, and Policy Frameworks from Prohibition to Legalization. 龍谷大学矯正・

保護総合センター研究年報= Ryukoku Corrections and Rehabilitation Center journal/龍谷大学  
矯正・保護総合センター 編, (11), 11-27.

- Angkurawaranon,C., Papachristou Nadal, I., Mallinson,P., Pinyopornpanish,K., **Quansri, O.**  
(2020) A Scalable Solution for Deliveryof Diabetes Self-Management Education in  
Thailand: A Cluster Randomized Trial Study Protocol, The BMJ.
- TAKESHI YODA, **Orawan Quansri**, Akiko Matsuyama, Kazuo Minematsu, Kensuke Goto,  
Yasuyuki Rakue, Tsutomu Mizota. Care and Support Systems for AIDS Orphans and  
Vulnerable Children in Central Thailand. Journal of international health (国際保健 医療),  
Vol 24, 2009, 3, Page 241 -241.

## ACADEMIC BOOK/REPORT

- Self Management Support for NCDs: Thai Style
- Self Management in School-Age Children
- Wellness Center: Well Adult **Clinic**
- Wellness Clinic
- Professional Wellness Coach Manual

## COMMITTEE MEMBER

- Consultant for ECHO (Extension for Community Healthcare Outcomes Project),  
Department of Family Medicine, Faculty of Medicine, Chiang Mai University
- Committee of DM Remission Curriculum Development, Diabetes Association of Thailand  
Under Patronage of Her Royal Highness Princess Maha Chakri Sirindhorn
- Committee of Community-led Mental Health Services Curriculum Development, Institute  
of HIV Research and Innovation, Thailand